23 Vzory a ideály - ROLE - MODELS AND IDEALS :)

a) Positive and negative traits of a person, the ideal person, criteria of values

We have been learning how to get on with other people and how to cope wit the problems since our childhood. Every person has both positive and negative qualities, but every person is a unique personality. To give an example of positive qualities, we can mention generosity, tolerance, helpfulness and frankness. A person with negative qualities is usually lazy, selfish, envious, greedy or hypocrite. The ideal person doesn´t exist, but we all should try to put the accent on positive traits when we want to judge other people.

Every society is based on a certain hierarchy of values. Love, health, faith, family and friendship are usually the top values, but for some people money and career are the most important values.

b) The person I respect

My mother, who taught me to walk my first steps and who has always been there for me as my support whenever needed, is the person I respect the most. She has made an unforgettable impact on my life.She has provided things for me that no other person could. She has taught me to respect other people and help those people who are in need. She always gives me good advice and I know that she will do everything to help me because she really cares about me.

I´m sure that she will never betray me. I think it is also good that she is older than me because she has more experience and deeper insight. I admire her for optimism in all difficult life situations.It is because of her that I have the determination to gain the most out of my education, and it is because of her that I hope to achieve my future goals. She has positively affected me in many different ways, and I am glad to have a mother such as her. She has not only been my mother and helped me stay on the right path, but she has also been the best friend I have always counted on.

c) Real-life and literary heroes

Role models are inspirational people who encourage others to progress and work toward self-improvement. They are especially important for today's youth and can play an important role in shaping our society. Role models have the ability to focus their efforts on others rather than on themselves. Role models inspire others not only by their words, but more so by their actions that move us to do the same. Role models help others by offering good examples, by inspiring others realize the endless possibilities to reach their goals, and by moving others to be the best that they can be.

Family is extremely important for shaping our personal qualities, here we make first contacts with other people. School is another important part in our personal development. When we enter school, we become a part of society. Here we should learn how to split the differences to be able to cooperate with other people. Teenagers look for role models outside their family or school. Because teenagers love music, movies or sport, they often choose people like pop singers, movie stars and famous sportsmen for their role models. The teenagers admire and follow their idols nearly in everything. So the influence of these people is unimaginably enormous. Some celebrities are drug and alcohol addicted, they are eccentric and wild. They don't respect other people and they think they are better than others. To copy the behaviour of these people, can have bad consequences for young people. However, there are some famous people who can be regarded as positive role models because they organise live performances and concerts to raise money for charities and help people in need. Good role models can be found in literary works, too. Most literary heroes are people with high morals. Then there are real-life heroes – lifeguards, soldiers, fire-fighters or doctors. These people are brave and they risk their lives to help the victims of natural and man – made disasters, such as earthquakes, floods and war.

d) Heroes are not born, they may become one (person's reaction in a critical situation) Heros aren't born, they're just like any of us. Heroes are often everyday people who find themselves in extraordinary situations. Sometimes they act instinctively, like protecting a friend from being bullied or put down. A hero has to overcome his own fears and issues and doubts before standing up to face adversity. Everybody can be that hero, too. There are thousands of opportunities around us all the time.

e) Me as a hero

Sometimes we make the mistake of believing that the only heroes out there are the people we watch on television, read about in news reports, or see in the movies. The truth is that each one of us has the ability to become a hero to someone. An everyday person like me could be a hero by giving food to the poor or by buying something from someone who will give the money to a good cause. We can also help people with their

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problems and volunteer more often to help the world.

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